

unanderra

PHYSIOTHERAPY & PILATES

Unanderra Physiotherapy & Pilates are pleased to sponsor the Illawarra Hockey Association in 2012!

With every privately paid physiotherapy consultation from a registered Illawarra Hockey player, a percentage of your fee will go back to support your local club, as well as Illawarra Hockey.

Our very experienced physiotherapists have expertise in many areas, including (but not exclusive to):

Sports Injuries;

Sports Screening;

Back and Neck Injuries;

Post operative rehabilitation (knee reconstruction etc);

Dry Needling;

Clinical Pilates;

Massage Therapy;

Hydrotherapy;

Strength and Conditioning Programs;

Womens Health Issues; &

Workplace injuries.

Hicaps available, Medicare EPC's accepted.

To make a booking, please contact us on:

Ph: (02) 42 715648

www.unanderraphysio.com.au

<https://www.facebook.com/unanderraphysio>